



2nd Sunday of Lent 5 March 2023 - Year A

"Jesus' face shone like the sun."

Something to Think About

What does it mean to listen to someone? What do you do to show that you are really listening to someone? How can you listen to Jesus? What sorts of things might Jesus say to you?

The Story

Jesus took his friends up to a high mountain to pray. While Jesus was praying, his clothes became shining white. Moses and Elijah, two prophets who had lived hundreds of years ago, talked to Jesus. The disciples were frightened when they heard the voice of God speaking from a cloud. God said: "This is my own dear Son. Listen to what he says." Jesus knew that his disciples were frightened and confused, but he calmly told them, "Do not be afraid."

The Scriptures

A reading from the holy gospel according to Matthew

17:1-9

Jesus took Peter and the brothers James and John with him. They went up on a very high mountain where they could be alone. There in front of the disciples Jesus was completely changed. His face was shining like the sun, and his clothes became white as light.

All at once Moses and Elijah were there talking with Jesus. So Peter said to him, "Lord, it is good for us to be here! Let us make three shelters, one for you, one for Moses, and one for Elijah."

While Peter was still speaking, the shadow of a bright cloud passed over them. From the cloud a voice said, "This is my own dear Son, and I am pleased with him. Listen to what he says!"

When the disciples heard the voice, they were so afraid that they fell flat on the ground. But Jesus came over and touched them. He said, "Get up and don't be afraid!" When they opened their eyes, they saw only Jesus.

On their way down from the mountain, Jesus warned his disciples not to tell anyone what they had seen until after the Son of Man had been raised from death.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Video

Click to watch the video:
The Transfiguration of Jesus Bible Story



Group Discussion

Jesus told his friends to have courage. Invite the children to talk about the things they are afraid of. Then encourage them to remember Jesus' words, "Don't be afraid", and to pray to Jesus if they are ever frightened about something.

Praying For Others

Leader: Gathered as one with all creation, let us pray for the needs of the world.

Reader 1: We pray that our leaders will have clear minds to make good decisions. Lord hear us.

All: Lord hear our prayer.

Reader 2: We pray for those who travel dangerous paths to get to work or school. Lord hear us.

All: Lord hear our prayer.

Reader 3: We pray for all who bless our lives with joy and happiness. Lord hear us.

All: Lord hear our prayer.

Reader 4: We pray for people who live in fear. Lord hear us.

All: Lord hear our prayer.

Reader 5: We pray that we will listen to Jesus and be follow him with courage. Lord hear us.

All: Lord hear our prayer.

Invite the children to pray for their own special intentions.

All: Lord hear our prayer.

Leader: Loving God, listen to the prayers we make in the name of Jesus.

All: Amen.

Prayer



Lord Jesus,

Thank you for our family and friends who bring joy to our lives.

Help us to listen to your voice and share your love with others.

Amen.

Group Activity

Jesus Shines Bright!

You will need: template for each child, scissors, coloured markers or pencils, glue, torch.

- 1. Children colour the items on both pages of the template.
- 2. Cut out the grey part of the frame.
- 3. Cut out Jesus and the cloud and paste them onto the frame.
- 4. Shine a torch through the frame to make a Jesus shadow on the wall.

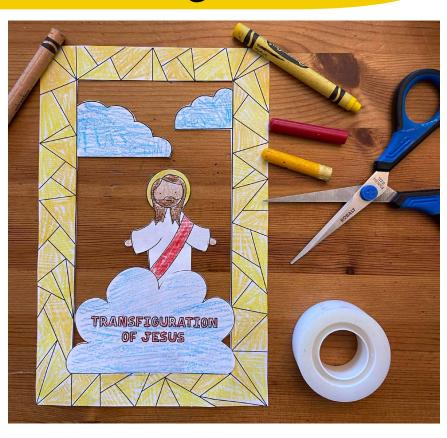




Jesus shines bright!

The Transfiguration 2 LENT Year A

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DIRECTIONS



Color all of the elements on both pages.



Have a grown-up cut out the grey part of the frame.

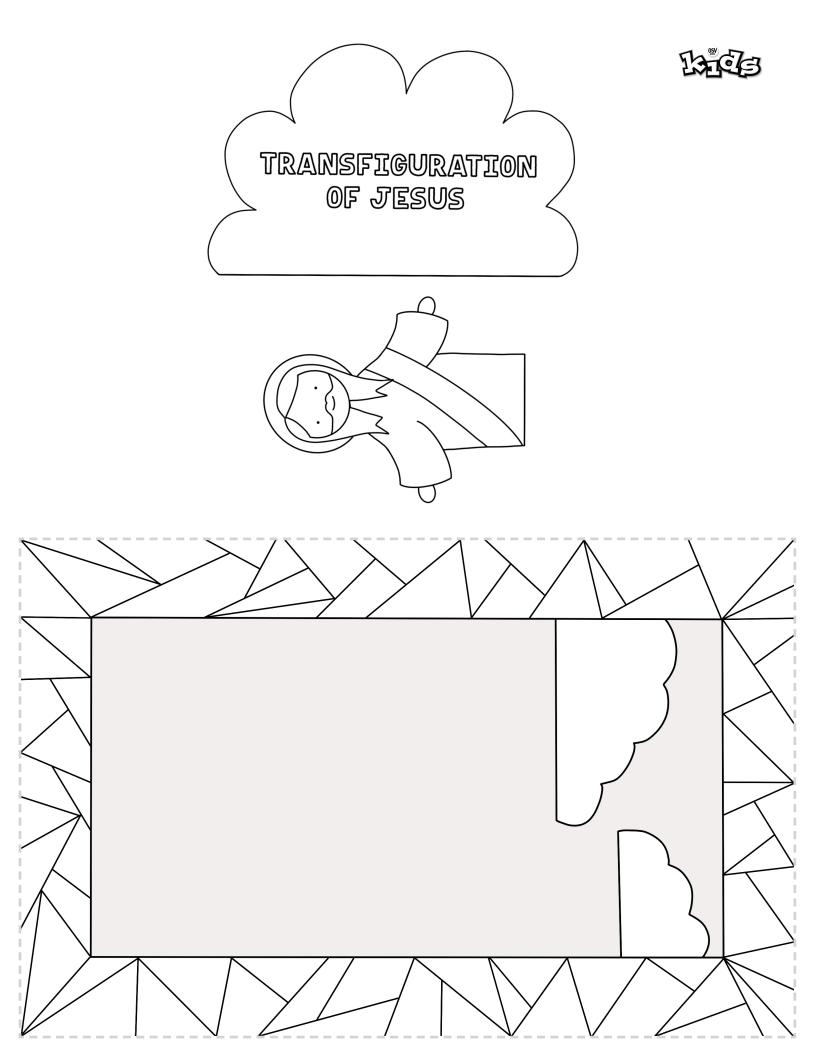


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